**Table for the lot of initial moves and positions (draughts-64) (recommended for men's sports competitions)**

| № | 1 | 2 | 3 | № | 4 | 5 | 6 | № |
|---|---|---|---|---|---|---|---|---|
| I | ab4 ba5 ba3 ab6 ab2 dc5 | ab4 dc5 bd6 ce5 ef4 | cb4 bc5 dc3 fe5 | I | cb4 hg5 gf4 gh4 fg5 ba5 | cd4 bc5 db6 ca5 | cd4 hg5 gf4 gh4 fg5 fe5 | I |
| II | ab4 ba5 ba3 cb6 cb2 de5 | ab4 de5 ba5 fg5 ef4 | cb4 bc5 dc3 fe5 ef4 ef6 | II | cd4 ba5 bc3 ab6 ef4 | cd4 bc5 db6 ca5 ed4 | ed4 ba5 fe3 ab6 | II |
| III | ab4 ba5 ba3 cb6 gh4 fe5 | ab4 de5 ba3 fg5 | cb4 bc5 dc3 fe5 gh4 ab6 | III | cd4 ba5 bc3 ab6 gf4 | cd4 dc5 dc3 fe5 | ed4 ba5 fe3 de5 gh4 ab6 | III |
| IV | ab4 ba5 ba3 fe5 gh4 | ab4 de5 ba3 fg5 gf4 | cb4 bc5 dc3 fe5 gh4 gf6 | IV | cd4 ba5 bc3 de5 | cd4 dc5 gh4 fe5 | ed4 ba5 fe3 de5 gh4 cb6 | IV |
| V | ab4 ba5 ed4 ab6 fe3 ba7 | ab4 de5 ed4 hg5 ba5 | cb4 bc5 ed4 ce3 fd4 cb6 | V | cd4 ba5 bc3 fe5 | cd4 de5 bc3 ef4 eg5 fh4 | ed4 ba5 fe3 fe5 | V |
| VI | ab4 ba5 ed4 ab6 fe3 dc5 | ab4 fe5 gh4 gf6 fg3 | cb4 bc5 ed4 ce3 fd4 de5 | VI | cd4 ba5 bc3 hg5 ab2 | cd4 de5 gh4 ec3 bd4 fe5 | ed4 ba5 fe3 fg5 gf2 gh4 | VI |
| VII | ab4 ba5 ed4 ab6 fe3 fe5 | ab4 fg5 ba5 gf6 ed4 | cb4 dc5 bd6 ec5 gf4 ba5 | VII | cd4 ba5 dc3 de5 gf4 | cd4 fe5 df6 ge5 gh4 | ed4 ba5 fe3 hg5 gf2 | VII |
| VIII | ab4 ba5 ed4 ab6 fe3 hg5 | ab4 fg5 ba3 ef6 ed4 | cb4 dc5 bd6 ce5 gh4 ba5 | VIII | cd4 ba5 dc3 de5 gh4 | cd4 fg5 bc3 ef6 ab2 | ed4 ba5 gf4 fg5 | VIII |
| IX | ab4 ba5 ed4 dc5 bd6 ce5 | ab4 hg5 ba3 gf4 | cb4 de5 dc3 fg5 | IX | cd4 ba5 dc3 fg5 gh4 ab6 | cd4 fg5 bc3 gf6 ab2 de5 | ed4 bc5 db6 ca5 | IX |
| X | ab4 ba5 gh4 fe5 hg3 | cb4 ba5 dc3 fe5 gh4 cb6 | cb4 de5 gh4 cd6 | X | cd4 ba5 ef4 dc5 | cd4 fg5 dc3 ef6 ed2 bc5 | ed4 bc5 db6 ca5 ab4 ab6 | X |
| XI | ab4 bc5 ba5 cb4 ed4 fe5 | cb4 ba5 dc3 hg5 | cb4 fe5 bc3 gf6 cb2 fg5 | XI | cd4 ba5 ef4 cb6 de3 dc5 | cd4 fg5 gh4 dc5 hf6 eg5 | ed4 bc5 db6 ca5 ab4 hg5 | XI |
| XII | ab4 bc5 ba5 cb4 ed4 fg5 | cb4 ba5 ef4 | cb4 fe5 bc3 gf6 ed4 | XII | cd4 ba5 ef4 cb6 fe3 ab4 | cd4 fg5 gh4 ef6 | ed4 dc5 cb4 ce3 fd4 fg5 | XII |
| XIII | ab4 bc5 ba5 cb4 ed4 hg5 | cb4 ba5 gh4 ac3 bd4 de5 | cb4 fe5 dc3 gf6 | XIII | cd4 ba5 ef4 fg5 fe3 ab4 | cd4 hg5 bc3 gh4 | ed4 dc5 cb4 ce3 df4 cd6 | XIII |
| XIV | ab4 bc5 ba5 cb4 gf4 fe5 | cb4 bc5 bc3 fe5 ed4 | cb4 fg5 ed4 ef6 | XIV | cd4 ba5 gf4 de5 | cd4 hg5 bc3 gh4 cb4 de5 | ed4 dc5 gh4 ce3 fd4 ba5 | XIV |
| XV | ab4 bc5 ba5 cb4 gh4 | cb4 bc5 bc3 fg5 ed4 | cb4 fg5 ed4 gf4 | XV | cd4 ba5 gf4 fe5 df6 eg5 | cd4 hg5 gf4 gh4 fg5 dc5 | ed4 de5 ab4 cd6 | XV |
| XVI | ab4 dc5 bd6 ec5 gh4 | cb4 bc5 dc3 ab6 | cb4 hg5 ba5 gh4 ed4 | XVI | cd4 bc5 db6 ac5 bc3 de5 | cd4 hg5 gf4 gh4 fg5 de5 | ed4 de5 ab4 ed6 | XVI |

| № | 7 | 8 | 9 | № | 10 | 11 | 12 | 13 | № |
|---|---|---|---|---|---|---|---|---|---|
| **I** | ed4 de5 gf4 eg3 fh4 hg5 | ef4 bc5 de3 ab6 cd4 fg5 | gf4 ba5 hg3 ab6 gh4 de5 | **I** | gh4 bc5 cd4 fe5 | gh4 hg5 ef4 ge3 df4 bc5 | a1-d4 a7-f4 | a3-a5 f6-a3 | **I** |
| **II** | ed4 fe5 df6 ge5 ab4 hg5 | ef4 bc5 fe3 cb6 cd4 fe5 | gf4 dc5 cb4 ba5 | **II** | gh4 bc5 ed4 ce3 df4 cb6 | gh4 hg5 hg3 gh6 | a1-d4 b6-c5 | a3-a5 h6-a3 | **II** |
| **III** | ed4 fe5 df6 eg5 fe3 | ef4 dc5 cb4 ed6 | gf4 dc5 cd4 ed6 | **III** | gh4 bc5 ed4 ce3 fd4 de5 | cb4 dc5 | a1-d4 f6-e5 | a3-a5 h6-b4 | **III** |
| **IV** | ed4 fg5 fe3 bc5 | ef4 dc5 cb4 ed6 gh4 de5 | gf4 dc5 hg3 ed6 gh4 fe5 | **IV** | gh4 dc5 fg3 fe5 ed4 | a1-a5 a7-h4 | a1-d4 h8-e5 | a3-a5 h6-e5 | **IV** |
| **V** | ed4 fg5 fe3 ef6 | ef4 dc5 de3 | gf4 de5 | **V** | gh4 dc5 hg3 fe5 | a1-a5 b6-g5 | a1-d4 h6-g5 | a3-b4 b6-a3 | **V** |
| **VI** | ed4 fg5 fe3 ef6 gf2 bc5 | ef4 dc5 fe3 | gf4 de5 fd6 ce5 fg3 bc7 | **VI** | gh4 de5 ab4 cd6 | a1-a5 b6-h4 | a1-c5 g7-g5 | a3-b4 d6-a3 | **VI** |
| **VII** | ed4 fg5 gh4 ba5 | ef4 dc5 gh4 ed6 hg3 fe5 | gf4 de5 fd6 ce5 ab4 | **VII** | gh4 de5 hg3 bc5 | a1-a5 f6-h4 | a1-e5 d6-g5 | a3-b4 e7-a5 | **VII** |
| **VIII** | ed4 fg5 gh4 ef6 | ef4 de5 | gf4 de5 fd6 ec5 hg3 | **VIII** | gh4 de5 hg3 cd6 | a1-a5 g7-e5 | a1-f4 b6-c5 | a3-b4 h6-a3 | **VIII** |
| **IX** | ed4 fg5 gh4 gf6 | ef4 de5 fd6 ec5 de3 | gf4 fe5 ab4 eg3 fh4 gf6 | **IX** | gh4 fe5 cd4 ec3 bd4 ba5 | a1-a5 g7-g5 | a1-f4 c7-a5 | a3-b4 h8-a3 | **IX** |
| **X** | ed4 hg5 cb4 gf4 | ef4 de5 fd6 ce5 de3 fg5 | gf4 fe5 ed4 | **X** | gh4 fe5 ed4 dc5 | a1-a5 g7-h4 | a1-f4 d6-c5 | a3-c5 b6-a3 | **X** |
| **XI** | ed4 hg5 cb4 gh4 | ef4 fe5 cd4 ec3 bd4 | gf4 fe5 fg3 ef6 ab4 | **XI** | gh4 fe5 ef4 eg3 hf4 ba5 | a1-a5 h6-b4 | a1-f4 e7-e5 | a3-c5 d6-a3 | **XI** |
| **XII** | ed4 hg5 fe3 gf4 | ef4 fe5 de3 | gh4 ba5 fg3 ab6 gf2 fg5 | **XII** | gh4 fe5 fg3 gf6 | a1-b4 a7-a5 | a1-f4 f6-e5 | a3-c5 f6-a3 | **XII** |
| **XIII** | ef4 ba5 de3 ab6 cd4 dc5 | ef4 fe5 de3 ba5 ab4 cb6 | gh4 ba5 fg3 de5 ed4 | **XIII** | gh4 fg5 hf6 ge5 ab4 fg7 | a1-b4 a7-g5 | a1-g5 c7-a5 | a3-c5 g7-a3 | **XIII** |
| **XIV** | ef4 ba5 de3 cb6 cd2 fe5 | ef4 fg5 cb4 ge3 fd4 | gh4 ba5 fg3 fe5 ed4 | **XIV** | gh4 fg5 hf6 ge5 ed4 fg7 | a1-b4 d6-g5 | a3-a5 a7-a3 | a3-c5 h8-a3 | **XIV** |
| **XV** | ef4 ba5 fe3 ab6 gf2 fg5 | ef4 fg5 fe3 gh4 gf2 ba5 | gh4 ba5 fg3 hg5 gf2 | **XV** | gh4 fg5 hf6 eg5 ed4 | a1-b4 h6-g5 | a3-a5 b6-a3 | a3-d4 b6-a3 | **XV** |
| **XVI** | ef4 ba5 fe3 fe5 cd4 | ef4 fg5 fe3 gh4 gf2 de5 | gh4 ba5 hg3 fe5 ed4 | **XVI** | gh4 hg5 ef4 ge3 df4 ba5 | a1-d4 a7-c5 | a3-a5 d6-b4 | a3-d4 e7-c5 | **XVI** |

| № | 14 | 15 | 16 | № | 17 | 18 | 19 | № | 20 | 21 | 22 | № |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **I** | a3-d4 f6-a3 | a3-g5 f6-a3 | a3-h4 g7-e5 | **I** | b2-d4 f6-e5 | c1-h4 f6-g5 | c3-e5 g7-g5 | **I** | c3-h4 f6-e5 | d2-c5 a7-d2 | d2-g5 h6-h4 | **I** |
| **II** | a3-d4 g7-a3 | a3-g5 g7-a3 | a3-h4 h6-a3 | **II** | b2-e5 g7-a5 | c3-a5 a7-g5 | c3-f4 a7-e5 | **II** | c3-h4 g7-c5 | d2-c5 b6-g5 | d2-h4 b6-c5 | **II** |
| **III** | a3-d4 g7-a5 | a3-g5 h8-a3 | --- a7-a5 | **III** | b2-e5 g7-h4 | c3-a5 d6-g5 | c3-f4 f6-b4 | **III** | c3-h4 h6-c5 | d2-c5 d6-h4 | d2-h4 e7-c5 | **III** |
| **IV** | a3-d4 h8-a3 | a3-h4 a7-a3 | --- a7-h4 | **IV** | b2-f4 d6-c5 | c3-b4 a7-a5 | c3-f4 f6-e5 | **IV** | c3-h6 h6-a5 | d2-d4 --- | d2-h4 g7-e5 | **IV** |
| **V** | a3-d4 h8-h4 | a3-h4 c7-a3 | --- a7-c5 | **V** | b2-g5 d6-e5 | c3-b4 a7-e5 | c3-f4 h8-h4 | **V** | --- c7-a5 | d2-d4 a7-g5 | d2-h4 h6-e5 | **V** |
| **VI** | a3-e5 a7-c5 | a3-h4 d6-a3 | b2-a5 --- | **VI** | b2-g5 g7-a5 | c3-b4 a7-h4 | c3-f4 h6-c5 | **VI** | --- c7-g5 | d2-d4 a7-h4 | --- d6-a5 | **VI** |
| **VII** | a3-e5 b6-a3 | a3-h4 e7-a3 | b2-a5 a7-e5 | **VII** | b2-g5 h6-e5 | c3-c5 f6-g5 | c3-g5 a7-a5 | **VII** | d2-a5 --- | d2-d4 c7-h4 | --- d6-g5 | **VII** |
| **VIII** | a3-e5 g7-a3 | a3-h4 e7-a5 | b2-a5 a7-h4 | **VIII** | b2-g5 h8-a5 | c3-c5 g7-e5 | c3-g5 a7-e5 | **VIII** | d2-a5 b6-h4 | d2-d4 d6-h4 | --- d6-h4 | **VIII** |
| **IX** | a3-e5 h8-a3 | a3-h4 f6-a3 | b2-a5 b6-b4 | **IX** | b2-h4 b6-a5 | c3-c5 g7-h4 | c3-g5 b6-c5 | **IX** | d2-a5 e7-g5 | d2-d4 f6-g5 | e3-a5 --- | **IX** |
| **X** | a3-f4 a7-c5 | a3-h4 f6-c5 | b2-a5 f6-e5 | **X** | b2-h4 g7-e5 | c3-d4 a7-e5 | c3-g5 c7-c5 | **X** | d2-a5 g7-e5 | d2-d4 h8-h4 | e3-a5 a7-e5 | **X** |
| **XI** | a3-f4 c7-c5 | a3-h4 f6-e5 | b2-b4 d6-g5 | **XI** | b2-h6 h6-a5 | c3-a5 h6-e5 | c3-g5 c7-e5 | **XI** | d2-b4 --- | d2-d4 h6-g5 | e3-a5 a7-g5 | **XI** |
| **XII** | a3-g5 a7-a3 | a3-h4 g7-a3 | b2-b4 h6-e5 | **XII** | b2-h6 h6-e5 | c3-d4 e7-e5 | c3-g5 g7-c5 | **XII** | d2-d4 b6-g5 | d2-e5 g7-h4 | e3-a5 b6-c5 | **XII** |
| **XIII** | a3-g5 b6-a3 | a3-h4 g7-a5 | b2-c5 g7-g5 | **XIII** | b2-h6 h6-f4 | c3-d4 f6-c5 | c3-g5 g7-e5 | **XIII** | d2-b4 a7-g5 | d2-f4 --- | e3-d4 d6-h4 | **XIII** |
| **XIV** | a3-g5 c7-a3 | a3-h4 g7-c5 | b2-d4 a7-g5 | **XIV** | --- b6-h4 | c3-d4 h8-g5 | c3-g5 h8-a5 | **XIV** | d2-b4 a7-h4 | d2-f4 b6-c5 | e3-a5 d6-e5 | **XIV** |
| **XV** | a3-g5 d6-a3 | a3-h4 c7-a5 | b2-d4 b6-c5 | **XV** | c1-a5 a7-c5 | c3-d4 h6-e5 | c3-h4 --- | **XV** | d2-b4 h8-g5 | d2-f4 d6-a5 | e3-a5 e7-g5 | **XV** |
| **XVI** | a3-g5 d6-c5 | a3-h4 a7-c5 | b2-d4 f6-c5 | **XVI** | c1-a5 f8-h4 | c3-e5 g7-a5 | c3-h4 a7-g5 | **XVI** | d2-b4 h8-h4 | d2-f4 e7-a5 | e3-a5 f6-b4 | **XVI** |

| № | 23 | 24 | 25 | № | 26 | 27 | 28 | № | 29 | 30 | 31 | № |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I | e3-a5 g7-b4 | e3-d4 d6-a5 | f2-a5 g7-e5 | I | f2-h4 --- | g3-a5 b6-e5 | g3-e5 g7-h4 | I | h2-a5 b6-h2 | h2-c5 f6-h2 | h2-f4 f6-e5 | I |
| II | e3-a5 h8-e5 | e3-f4 --- | f2-b4 d8-h4 | II | f2-h4 f6-c5 | g3-a5 h6-g5 | g3-e5 h8-a5 | II | h2-a5 e7-g5 | h2-c5 h8-h2 | h2-f4 h6-c5 | II |
| III | e3-a5 h8-h4 | e3-f4 d6-a5 | f2-b4 e7-e5 | III | --- f6-a5 | g3-b4 a7-e5 | g3-f4 d6-g5 | III | h2-a5 f6-h4 | h2-d4 a7-h2 | h2-g5 c7-a5 | III |
| IV | e3-b4 --- | e3-f4 g7-a5 | f2-b4 g7-e5 | IV | g1-a5 f6-b4 | g3-b4 b6-e5 | g3-f4 h8-g5 | IV | h2-a5 g7-b4 | h2-d4 b6-c5 | h2-g5 c7-e5 | IV |
| V | e3-b4 a7-c5 | e3-f6 f6-b4 | f2-b4 h8-c5 | V | g1-a5 g7-c5 | g3-b4 f8-f4 | g3-g5 h6-a5 | V | h2-a5 h8-h2 | h2-d4 b6-h2 | h2-g5 d6-h2 | V |
| VI | e3-b4 a7-e5 | e3-g5 h6-e5 | f2-b4 h8-g5 | VI | g1-b4 e7-c5 | g3-b4 g7-g5 | g3-h4 a7-g5 | VI | h2-a5 h8-h4 | h2-d4 c7-h2 | h2-h4 --- | VI |
| VII | e3-b4 a7-h4 | e3-h4 g7-g5 | f2-c5 a7-f2 | VII | g1-b4 h8-c5 | g3-b4 h8-h4 | g3-h4 h8-e5 | VII | h2-b4 a7-e5 | h2-d4 d6-h2 | h2-h4 h6-h2 | VII |
| VIII | e3-b4 b6-g5 | e3-h4 h6-a5 | f2-c5 h8-e5 | VIII | g1-d4 d6-g5 | g3-b4 h6-g5 | g3-h6 h6-a5 | VIII | h2-b4 a7-g5 | h2-d4 g7-h2 | h2-h4 a7-e5 | VIII |
| IX | e3-b4 f6-e5 | e3-h4 h6-g5 | f2-d4 c7-g5 | IX | g1-d4 h6-a5 | g3-c5 b6-g5 | g3-h6 h6-e5 | IX | h2-b4 a7-h2 | h2-e5 a7-b4 | h2-h4 a7-h2 | IX |
| X | e3-b4 h8-e5 | e3-h6 h6-a5 | f2-d4 h6-g5 | X | g1-g5 g7-a5 | g3-d4 a7-a5 | g3-h6 h6-h4 | X | h2-b4 b6-c5 | h2-e5 a7-d4 | h2-h4 d6-e5 | X |
| XI | e3-b4 h8-h4 | e3-h6 h6-e5 | f2-f4 d6-e5 | XI | g1-g5 g7-e5 | g3-d4 a7-e5 | --- g7-a5 | XI | h2-b4 b6-h2 | h2-e5 e7-h2 | h2-h4 d6-h2 | XI |
| XII | e3-b6 b6-b4 | --- e7-h4 | f2-f4 h6-a5 | XII | g1-g5 h8-a5 | g3-d4 a7-f4 | --- g7-e5 | XII | h2-b4 d6-g5 | h2-e5 h8-h2 | h2-h6 h6-f4 | XII |
| XIII | e3-c5 d6-g5 | f2-a5 d8-f4 | f2-f4 h8-e5 | XIII | g1-h4 d6-c5 | g3-d4 b6-c5 | --- g7-g5 | XIII | h2-c5 a7-f4 | h2-f4 --- | h2-h6 h6-h4 | XIII |
| XIV | e3-d4 --- | f2-a5 d6-e5 | f2-g5 g7-a5 | XIV | g1-h4 e7-g5 | g3-d4 d6-a5 | h2-a5 --- | XIV | h2-c5 a7-h2 | h2-f4 a7-h2 | h2-f4 c7-h4 | XIV |
| XV | e3-d4 a7-e5 | f2-a5 e7-e5 | f2-g5 h6-a5 | XV | g3-a5 --- | g3-d4 d6-e5 | h2-a5 a7-g5 | XV | h2-c5 b6-h2 | h2-f4 c7-h2 | --- h6-h4 | XV |
| XVI | e3-d4 a7-g5 | f2-a5 f6-e5 | f2-g5 h6-c5 | XVI | g3-a5 a7-e5 | g3-d4 g7-a5 | h2-a5 a7-h2 | XVI | h2-c5 d6-h2 | h2-f4 e7-h2 | --- h8-h4 | XVI |

| № | 32 | 33 | 34 | № | 35 | 36 | 37 | № |
|---|---|---|---|---|---|---|---|---|
| **I** | ab4 ba5 ed4 fe5 df6 eg5 | cd4 de5 bc3 ed6 cb2 fe7 | gh4 bc5 cd4 ab6 | **I** | --- a7-g5 | c3-e5 g7-h4 | f2-d4 b6-c5 | **I** |
| **II** | ab4 bc5 ba5 cb4 | cd4 fe5 df6 ge5 bc3 | gh4 bc5 fg3 ab6 cd4 fg5 | **II** | b2-b4 d6-e5 | c3-f4 --- | f2-d4 d6-a5 | **II** |
| **III** | ab4 dc5 | cd4 fg5 dc3 gf6 gf4 de5 | gh4 dc5 cb4 cd4 | **III** | b2-b4 h8-a5 | c3-h4 f6-a5 | f2-f4 f6-e5 | **III** |
| **IV** | ab4 de5 | cd4 fg5 dc3 gh4 cb4 | gh4 dc5 cb4 fg5 | **IV** | b2-c5 --- | d2-a5 g7-d2 | --- f6-h4 | **IV** |
| **V** | ab4 de5 ba5 fg5 gh4 | cd4 hg5 bc3 gf4 | gh4 dc5 fg3 fe5 cd4 | **V** | b2-d4 --- | d2-b4 d6-e5 | g3-f4 --- | **V** |
| **VI** | ab4 fe5 gh4 gf6 | ed4 ba5 fe3 cb6 | a1-a5 | **VI** | b2-d4 h8-h4 | d2-b4 h8-a5 | g3-f4 g7-a5 | **VI** |
| **VII** | ab4 hg5 gf4 gh6 | ed4 dc5 fe3 ed6 | a1-b4 b6-a5 | **VII** | b2-g5 a7-a5 | d2-c5 --- | g3-g5 a7-h4 | **VII** |
| **VIII** | ab4 hg5 gh4 ba5 | ed4 de5 gh4 hg5 fe3 | a1-b4 h8-e5 | **VIII** | b2-g5 c7-a5 | d2-d4 b6-a5 | g3-g5 h8-b4 | **VIII** |
| **IX** | ab4 hg5 gh4 gf4 | ed4 fe5 df6 ge5 ab4 hg7 | a1-d4 b6-a5 | **IX** | b2-h4 a7-a5 | d2-d4 f6-e5 | g3-h4 --- | **IX** |
| **X** | cb4 bc5 gf4 ab6 hg3 fg5 | ed4 fe5 df6 ge5 gh4 hg7 | a1-e5 g7-h4 | **X** | c3-a5 d6-h4 | d2-h4 f6-g5 | g3-h4 c7-f4 | **X** |
| **XI** | cb4 fe5 bc3 gf6 ab2 | ed4 fg5 fe3 gf6 | a3-b4 h6-e5 | **XI** | c3-a5 f6-e5 | e3-b4 b6-f4 | g3-h4 g7-c5 | **XI** |
| **XII** | cb4 hg5 gh4 ba5 | ef4 ba5 gh4 | a3-d4 c7-a5 | **XII** | c3-a5 h8-g5 | e3-c5 g7-h4 | --- g7-h4 | **XII** |
| **XIII** | cd4 ba5 gh4 ab6 dc5 | ef4 bc5 gh4 ab6 hg3 fe5 | a3-f4 --- | **XIII** | c3-b4 h8-g5 | e3-f4 a7-e5 | h2-a5 d6-h2 | **XIII** |
| **XIV** | cd4 dc5 bc3 ed6 gh4 | gf4 fe5 cd4 ec3 | a3-h4 a7-a5 | **XIV** | c3-b4 h6-e5 | e3-f4 f6-c5 | h2-b4 d6-h2 | **XIV** |
| **XV** | cd4 dc5 dc3 hg5 | gf4 fe5 cd4 eg3 | a3-h4 b6-c5 | **XV** | c3-d4 d6-a5 | e3-h4 f6-a5 | h2-b4 g7-h2 | **XV** |
| **XVI** | cd4 dc5 gf4 cd6 de5 | gf4 fe5 ed4 eg3 hf4 ba5 | a3-h4 d6-c5 | **XVI** | c3-e5 b6-a5 | f2-b4 d6-a5 | h2-b4 h8-h2 | **XVI** |

**Table for the lot of initial moves and positions (draughts-64) (recommended for women's sports competitions)**

| № | 1 | 2 | 3 | № | 4 | 5 | 6 | № | 7 | 8 | 9 | № |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I | ab4 | ab4 fe5 ba5 ef4 | cb4 de5 gf4 | I | cd4 | cd4 de5 bc3 ed6 ef4 fe7 | cd4 fg5 gh4 dc5 | I | ed4 fe5 | gf4 bc5 hg3 fe5 cd4 | gh4 dc5 | I |
| II | ab4 ba5 | ab4 fe5 ba5 gf6 | cb4 de5 gf4 eg3 hf4 fe5 | II | cd4 ba5 bc3 | cd4 de5 bc3 ed6 gf4 | cd4 fg5 gh4 gf4 | II | ed4 fg5 | gf4 dc5 | gh4 dc5 ef4 cd6 | II |
| III | ab4 ba5 ba3 ab6 | ab4 fe5 ef4 | cb4 fe5 ba5 bc5 | III | cd4 ba5 bc3 ab6 | cd4 de5 dc3 | cd4 hg5 | III | ed4 fg5 gh4 dc5 | gf4 dc5 cb4 fg5 | gh4 de5 | III |
| IV | ab4 ba5 ba3 ab6 ab2 de5 | ab4 fg5 | cb4 fe5 bc3 gf6 gh4 hg7 | IV | cd4 ba5 bc3 ab6 ab2 dc5 | cd4 de5 gf4 ec3 | cd4 hg5 gf4 gh4 fe5 | IV | ed4 hg5 | gf4 fe5 | gh4 de5 fg3 | IV |
| V | ab4 ba5 ba3 cb6 ab2 bc5 | ab4 fg5 bc5 db4 | cb4 fe5 ef4 ba5 | V | cd4 ba5 bc3 de5 ef4 | cd4 de5 gf4 eg3 | ed4 | V | ed4 hg5 cb4 de5 | gf4 fe5 fg3 | gh4 fe5 | V |
| VI | ab4 ba5 ba3 cb6 gf4 | ab4 hg5 | cb4 fe5 ef4 ba5 bc5 | VI | cd4 ba5 bc3 de5 gf4 | cd4 fe5 | ed4 ba5 | VI | ef4 | gf4 fe5 hg3 bc5 cb4 ab6 | gh4 fe5 ab4 ed4 | VI |
| VII | ab4 ba5 ba3 de5 | ab4 hg5 gf4 bc5 | cb4 fe5 ef4 gf6 bc3 | VII | cd4 ba5 bc3 hg5 cb2 gf4 | cd4 fe5 df6 eg5 gf4 de7 | ed4 ba5 dc5 db4 ac5 fg5 | VII | ef4 bc5 cb4 fg5 de3 | gf4 fe5 hg3 ed4 ec5 | gh4 fe5 cb4 ef4 | VII |
| VIII | ab4 ba5 ed4 dc5 | cb4 | cb4 fe5 ef4 gf6 de3 bc5 | VIII | cd4 ba5 de5 df4 | cd4 fg5 bc3 ef6 | ed4 bc5 | VIII | ef4 fg5 | gf4 fe5 hg3 gf6 cb4 | gh4 fe5 ed4 bc5 | VIII |
| IX | ab4 ba5 ed4 fe5 df6 ge5 | cb4 ba5 bc5 db4 ac5 cb6 | cb4 fe5 gh4 ba5 hg5 | IX | cd4 ba5 ef4 de5 | cd4 fg5 bc3 gf6 ab2 gh4 | ed4 bc5 db6 ac5 de3 hg5 | IX | ef4 fg5 cb4 ge3 df4 ef6 | gf4 fe5 hg3 gf6 ed4 | gh4 fe5 ed4 ef6 | IX |
| X | ab4 ba5 ed4 fg5 | cb4 ba5 bc5 db4 ac5 fe5 | cb4 fe5 gh4 bc5 hg5 | X | cd4 bc5 | cd4 fg5 bc3 gf4 | ed4 bc5 db6 ac5 gf4 fe5 | X | gf4 | gf4 fg5 cb4 de5 | gh4 fe5 ed4 gf6 | X |
| XI | ab4 ba5 ed4 hg5 | cb4 ba5 gf4 | cb4 fg5 ed4 ba5 | XI | cd4 bc5 db6 ac5 bc3 fe5 | cd4 fg5 bc3 gh4 cb4 de5 | ed4 bc5 db6 ac5 gh4 de5 | XI | gf4 ba5 | gf4 fg5 cb4 gf6 bc3 de5 | gh4 fe5 ed4 gf6 fg3 dc5 | XI |
| XII | ab4 ba5 gh4 fg5 | cb4 bc5 | cb4 fg5 ed4 dc5 | XII | cd4 dc5 bc3 cd6 | cd4 fg5 bc3 gh4 cb4 hg5 | ed4 dc5 fe3 cd6 | XII | gf4 ba5 cb4 ac3 bd4 fg5 | gh4 | gh4 fe5 fg3 | XII |
| XIII | ab4 bc5 | cb4 bc5 bc3 fg5 cd4 ab6 | cb4 hg5 | XIII | cd4 dc5 bc3 cd6 ab2 de5 | cd4 fg5 dc5 | ed4 dc5 fe3 fg5 | XIII | gf4 ba5 cb4 ac3 db4 de5 | gh4 ba5 | gh4 fg5 | XIII |
| XIV | ab4 bc5 ba5 fg5 | cb4 de5 | cb4 hg5 ed4 | XIV | cd4 dc5 bc3 fg5 cb4 ba5 | cd4 fg5 bc3 gf6 gf4 hg7 | ed4 de5 | XIV | gf4 ba5 cb4 ac3 db4 fg5 | gh4 ba5 hg3 ab6 ef4 dc5 | gh4 hg5 cd4 dc5 | XIV |
| XV | ab4 de5 gh4 | cb4 de5 ba5 bc5 | cb4 hg5 gh4 gh6 bc5 | XV | cd4 dc5 dc3 ed6 cb4 fg5 | cd4 fg5 gf4 gf6 bc3 gh4 | ed4 de5 de3 ed6 | XV | gf4 ba5 hg3 fg5 | gh4 ba5 hg3 ab6 gh2 ba7 | gh4 hg5 cd4 gh6 fg3 | XV |
| XVI | ab4 fe5 | cb4 de5 ef4 ba5 | cb4 hg5 gh4 gh6 hg3 | XVI | cd4 de5 | cd4 fg5 gh4 ba5 | ed4 de5 fe3 | XVI | gf4 bc5 hg3 ab6 gh4 ba5 | gh4 bc5 | gh4 hg5 hg3 de5 | XVI |

**Table for the lot of initial moves and positions (recommended for men's sports competitions) (Brazilian version)**

| № | 1 | 2 | 3 | № | 4 | 5 | 6 | № |
|---|---|---|---|---|---|---|---|---|
| I | ab4 ba5 ba3 ab6 ab2 dc5 | ab4 dc5 bd6 ce5 ef4 | cb4 bc5 dc3 fe5 | I | cb4 hg5 gf4 gh4 fg5 ba5 | cd4 bc5 db6 ca5 | cd4 hg5 gf4 gh4 fg5 fe5 | I |
| II | ab4 ba5 ba3 cb6 cb2 de5 | ab4 de5 ba5 fg5 ef4 | cb4 bc5 dc3 fe5 ef4 ef6 | II | cd4 ba5 bc3 ab6 ef4 | cd4 bc5 db6 ca5 ed4 | ed4 ba5 fe3 ab6 | II |
| III | ab4 ba5 ba3 cb6 gh4 fe5 | ab4 de5 ba3 fg5 | cb4 bc5 dc3 fe5 gh4 ab6 | III | cd4 ba5 bc3 ab6 gf4 | cd4 dc5 dc3 fe5 | ed4 ba5 fe3 de5 gh4 ab6 | III |
| IV | ab4 ba5 ba3 fe5 gh4 | ab4 de5 ba3 fg5 gf4 | cb4 bc5 dc3 fe5 gh4 gf6 | IV | cd4 ba5 bc3 de5 | cd4 dc5 gh4 fe5 | ed4 ba5 fe3 de5 gh4 cb6 | IV |
| V | ab4 ba5 ed4 ab6 fe3 ba7 | ab4 de5 ed4 hg5 ba5 | cb4 bc5 ed4 ce3 fd4 cb6 | V | cd4 ba5 bc3 fe5 | cd4 de5 bc3 ef4 eg5 fh4 | ed4 ba5 fe3 fe5 | V |
| VI | ab4 ba5 ed4 ab6 fe3 dc5 | ab4 fe5 gh4 gf6 fg3 | cb4 bc5 ed4 ce3 fd4 de5 | VI | cd4 ba5 bc3 hg5 ab2 | cd4 de5 gh4 ec3 bd4 fe5 | ed4 ba5 fe3 fg5 gf2 gh4 | VI |
| VII | ab4 ba5 ed4 ab6 fe3 fe5 | ab4 fg5 ba5 gf6 ed4 | cb4 dc5 bd6 ec5 gf4 ba5 | VII | cd4 ba5 dc3 de5 gf4 | cd4 fe5 df6 ge5 gh4 | ed4 ba5 fe3 hg5 gf2 | VII |
| VIII | ab4 ba5 ed4 ab6 fe3 hg5 | ab4 fg5 ba3 ef6 ed4 | cb4 dc5 bd6 ce5 gh4 ba5 | VIII | cd4 ba5 dc3 de5 gh4 | cd4 fg5 bc3 ef6 ab2 | ed4 ba5 gf4 fg5 | VIII |
| IX | | ab4 hg5 ba3 gf4 | cb4 de5 dc3 fg5 | IX | cd4 ba5 dc3 fg5 gh4 ab6 | cd4 fg5 bc3 gf6 ab2 de5 | ed4 bc5 db6 ca5 | IX |
| X | ab4 ba5 gh4 fe5 hg3 | cb4 ba5 dc3 fe5 gh4 cb6 | cb4 de5 gh4 cd6 | X | cd4 ba5 ef4 dc5 | cd4 fg5 dc3 ef6 ed2 bc5 | ed4 bc5 db6 ca5 ab4 ab6 | X |
| XI | ab4 bc5 ba5 cb4 ed4 fe5 | cb4 ba5 dc3 hg5 | cb4 fe5 bc3 gf6 cb2 fg5 | XI | cd4 ba5 ef4 cb6 de3 dc5 | | ed4 bc5 db6 ca5 ab4 hg5 | XI |
| XII | ab4 bc5 ba5 cb4 ed4 fg5 | cb4 ba5 ef4 | cb4 fe5 bc3 gf6 ed4 | XII | cd4 ba5 ef4 cb6 fe3 ab4 | cd4 fg5 gh4 ef6 | ed4 dc5 cb4 ce3 fd4 fg5 | XII |
| XIII | ab4 bc5 ba5 cb4 ed4 hg5 | cb4 ba5 gh4 ac3 bd4 de5 | cb4 fe5 dc3 gf6 | XIII | cd4 ba5 ef4 fg5 fe3 ab4 | cd4 hg5 bc3 gh4 | ed4 dc5 cb4 ce3 df4 cd6 | XIII |
| XIV | ab4 bc5 ba5 cb4 gf4 fe5 | cb4 bc5 bc3 fe5 ed4 | cb4 fg5 ed4 ef6 | XIV | cd4 ba5 gf4 de5 | cd4 hg5 bc3 gh4 cb4 de5 | ed4 dc5 gh4 ce3 fd4 ba5 | XIV |
| XV | ab4 bc5 ba5 cb4 gh4 | cb4 bc5 bc3 fg5 ed4 | cb4 fg5 ed4 gf4 | XV | | cd4 hg5 gf4 gh4 fg5 dc5 | ed4 de5 ab4 cd6 | XV |
| XVI | ab4 dc5 bd6 ec5 gh4 | cb4 bc5 dc3 ab6 | cb4 hg5 ba5 gh4 ed4 | XVI | cd4 bc5 db6 ac5 bc3 de5 | cd4 hg5 gf4 gh4 fg5 de5 | ed4 de5 ab4 ed6 | XVI |

| № | 7 | 8 | 9 | № | 10 | 11 | 12 | 13 | № |
|---|---|---|---|---|---|---|---|---|---|
| I | ed4 de5 gf4 eg3 fh4 hg5 | ef4 bc5 de3 ab6 cd4 fg5 | gf4 ba5 hg3 ab6 gh4 de5 | I | gh4 bc5 cd4 fe5 | gh4 hg5 ef4 ge3 df4 bc5 | a1-d4 a7-f4 | a3-a5 f6-a3 | I |
| II | ed4 fe5 df6 ge5 ab4 hg5 | ef4 bc5 fe3 cb6 cd4 fe5 | gf4 dc5 cb4 cd6 | II | gh4 bc5 ed4 ce3 df4 cb6 | gh4 hg5 hg3 gh6 | a1-d4 b6-c5 | a3-a5 h6-a3 | II |
| III | ed4 fe5 df6 eg5 fe3 | ef4 dc5 cb4 ed6 | gf4 dc5 cd4 ed6 | III | gh4 bc5 ed4 ce3 fd4 de5 | cb4 dc5 | a1-d4 f6-e5 | a3-a5 h6-b4 | III |
| IV | ed4 fg5 fe3 bc5 | ef4 dc5 cb4 ed6 gh4 de5 | gf4 dc5 hg3 ed6 gh4 fe5 | IV | gh4 dc5 fg3 fe5 ed4 | a1-a5 a7-h4 | a1-d4 h8-e5 | a3-a5 h6-e5 | IV |
| V | ed4 fg5 fe3 ef6 | ef4 dc5 de3 | gf4 de5 | V | gh4 dc5 hg3 fe5 | a1-a5 b6-g5 | a1-d4 h6-g5 | a3-b4 b6-a3 | V |
| VI | ed4 fg5 fe3 ef6 gf2 bc5 | ef4 dc5 fe3 | gf4 de5 fd6 ce5 fg3 bc7 | VI | gh4 de5 ab4 cd6 | a1-a5 b6-h4 | a1-c5 g7-g5 | a3-b4 d6-a3 | VI |
| VII | ed4 fg5 gh4 ba5 | ef4 dc5 gh4 ed6 hg3 fe5 | gf4 de5 fd6 ce5 ab4 | VII | gh4 de5 hg3 bc5 | a1-a5 f6-h4 | a1-e5 d6-g5 | a3-b4 e7-a5 | VII |
| VIII | ed4 fg5 gh4 ef6 | ef4 de5 | gf4 de5 fd6 ec5 hg3 | VIII | gh4 de5 hg3 cd6 | a1-a5 g7-e5 | a1-f4 b6-c5 | a3-b4 h6-a3 | VIII |
| IX | ed4 fg5 gh4 gf6 | ef4 de5 fd6 ec5 de3 | gf4 fe5 ab4 eg3 fh4 gf6 | IX | gh4 fe5 cd4 ec3 bd4 ba5 | a1-a5 g7-g5 | a1-f4 c7-a5 | a3-b4 h8-a3 | IX |
| X | ed4 hg5 cb4 gf4 | ef4 de5 fd6 ce5 de3 fg5 | gf4 fe5 ed4 | X | gh4 fe5 ed4 dc5 | a1-a5 g7-h4 | a1-f4 d6-c5 | a3-c5 b6-a3 | X |
| XI | ed4 hg5 cb4 gh4 | ef4 fe5 cd4 ec3 bd4 | gf4 fe5 fg3 ef6 ab4 | XI | gh4 fe5 ef4 eg3 hf4 ba5 | a1-a5 h6-b4 | a1-f4 e7-e5 | a3-c5 d6-a3 | XI |
| XII | ed4 hg5 fe3 gf4 | ef4 fe5 de3 | gh4 ba5 fg3 ab6 gf2 fg5 | XII | gh4 fe5 fg3 gf6 | a1-b4 a7-a5 | a1-f4 f6-e5 | a3-c5 f6-a3 | XII |
| XIII | ef4 ba5 de3 ab6 cd4 dc5 | ef4 fe5 de3 ba5 ab4 cb6 | gh4 ba5 fg3 de5 ed4 | XIII | gh4 fg5 hf6 ge5 ab4 fg7 | a1-b4 a7-g5 | a1-g5 c7-a5 | a3-c5 g7-a3 | XIII |
| XIV | ef4 ba5 de3 cb6 cd2 fe5 | ef4 fg5 cb4 ge3 fd4 | gh4 ba5 fg3 fe5 ed4 | XIV | gh4 fg5 hf6 ge5 ed4 fg7 | a1-b4 d6-g5 | a3-a5 a7-a3 | a3-c5 h8-a3 | XIV |
| XV | ef4 ba5 fe3 ab6 gf2 fg5 | ef4 fg5 fe3 gh4 gf2 ba5 | gh4 ba5 fg3 hg5 gf2 | XV | gh4 fg5 hf6 eg5 ed4 | a1-b4 h6-g5 | a3-a5 b6-a3 | a3-d4 b6-a3 | XV |
| XVI | ef4 ba5 fe3 fe5 cd4 | ef4 fg5 fe3 gh4 gf2 de5 | gh4 ba5 hg3 fe5 ed4 | XVI | gh4 hg5 ef4 ge3 df4 ba5 | a1-d4 a7-c5 | a3-a5 d6-b4 | a3-d4 e7-c5 | XVI |

| № | 14 | 15 | 16 | № | 17 | 18 | 19 | № | 20 | 21 | 22 | № |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I | a3-d4 f6-a3 | a3-g5 f6-a3 | a3-h4 g7-e5 | I | b2-d4 f6-e5 | c1-h4 f6-g5 | c3-e5 g7-g5 | I | c3-h4 f6-e5 | d2-c5 a7-d2 | d2-g5 h6-h4 | I |
| II | a3-d4 g7-a3 | a3-g5 g7-a3 | a3-h4 h6-a3 | II | b2-e5 g7-a5 | c3-a5 a7-g5 | c3-f4 a7-e5 | II | c3-h4 g7-c5 | d2-c5 b6-g5 | d2-h4 b6-c5 | II |
| III | a3-d4 g7-a5 | a3-g5 h8-a3 | --- a7-a5 | III | b2-e5 g7-h4 | c3-a5 d6-g5 | c3-f4 f6-b4 | III | c3-h4 h6-c5 | d2-c5 d6-h4 | d2-h4 e7-c5 | III |
| IV | a3-d4 h8-a3 | a3-h4 a7-a3 | --- a7-h4 | IV | b2-f4 d6-c5 | c3-b4 a7-a5 | c3-f4 f6-e5 | IV | c3-h6 h6-a5 | d2-d4 --- | d2-h4 g7-e5 | IV |
| V | a3-d4 h8-h4 | a3-h4 c7-a3 | --- a7-c5 | V | b2-g5 d6-e5 | c3-b4 a7-e5 | c3-f4 h8-h4 | V | --- c7-a5 | d2-d4 a7-g5 | d2-h4 h6-e5 | V |
| VI | a3-e5 a7-c5 | a3-h4 d6-a3 | b2-a5 --- | VI | b2-g5 g7-a5 | c3-b4 a7-h4 | c3-f4 h6-c5 | VI | --- c7-g5 | d2-d4 a7-h4 | --- d6-a5 | VI |
| VII | a3-e5 b6-a3 | a3-h4 e7-a3 | b2-a5 a7-e5 | VII | b2-g5 h6-e5 | c3-c5 f6-g5 | c3-g5 a7-a5 | VII | d2-a5 --- | d2-d4 c7-h4 | --- d6-g5 | VII |
| VIII | a3-e5 g7-a3 | a3-h4 e7-a5 | b2-a5 a7-h4 | VIII | b2-g5 h8-a5 | c3-c5 g7-e5 | c3-g5 a7-e5 | VIII | d2-a5 b6-h4 | d2-d4 d6-h4 | --- d6-h4 | VIII |
| IX | a3-e5 h8-a3 | a3-h4 f6-a3 | b2-a5 b6-b4 | IX | b2-h4 b6-a5 | c3-c5 g7-h4 | c3-g5 b6-c5 | IX | d2-a5 e7-g5 | d2-d4 f6-g5 | e3-a5 --- | IX |
| X | a3-f4 a7-c5 | a3-h4 f6-c5 | b2-a5 f6-e5 | X | b2-h4 g7-e5 | c3-d4 a7-e5 | c3-g5 c7-c5 | X | d2-a5 g7-e5 | d2-d4 h8-h4 | e3-a5 a7-e5 | X |
| XI | a3-f4 c7-c5 | a3-h4 f6-e5 | b2-b4 d6-g5 | XI | b2-h6 h6-a5 | c3-a5 h6-e5 | c3-g5 c7-e5 | XI | d2-b4 --- | d2-d4 h6-g5 | e3-a5 a7-g5 | XI |
| XII | a3-g5 a7-a3 | a3-h4 g7-a3 | b2-b4 h6-e5 | XII | b2-h6 h6-e5 | c3-d4 e7-e5 | c3-g5 g7-c5 | XII | d2-d4 b6-g5 | d2-e5 g7-h4 | e3-a5 b6-c5 | XII |
| XIII | a3-g5 b6-a3 | a3-h4 g7-a5 | b2-c5 g7-g5 | XIII | b2-h6 h6-f4 | c3-d4 f6-c5 | c3-g5 g7-e5 | XIII | d2-b4 a7-g5 | d2-f4 --- | e3-d4 d6-h4 | XIII |
| XIV | a3-g5 c7-a3 | a3-h4 g7-c5 | b2-d4 a7-g5 | XIV | --- b6-h4 | c3-d4 h8-g5 | c3-g5 h8-a5 | XIV | d2-b4 a7-h4 | d2-f4 b6-c5 | e3-a5 d6-e5 | XIV |
| XV | a3-g5 d6-a3 | a3-h4 c7-a5 | b2-d4 b6-c5 | XV | c1-a5 a7-c5 | c3-d4 h6-e5 | c3-h4 --- | XV | d2-b4 h8-g5 | d2-f4 d6-a5 | e3-a5 e7-g5 | XV |
| XVI | a3-g5 d6-c5 | a3-h4 a7-c5 | b2-d4 f6-c5 | XVI | c1-a5 f8-h4 | c3-e5 g7-a5 | c3-h4 a7-g5 | XVI | d2-b4 h8-h4 | d2-f4 e7-a5 | e3-a5 f6-b4 | XVI |

| № | 23 | 24 | 25 | № | 26 | 27 | 28 | № | 29 | 30 | 31 | № |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I | e3-a5 g7-b4 | e3-d4 d6-a5 | f2-a5 g7-e5 | I | f2-h4 --- | g3-a5 b6-e5 | g3-e5 g7-h4 | I | h2-a5 b6-h2 | h2-c5 f6-h2 | h2-f4 f6-e5 | I |
| II | e3-a5 h8-e5 | e3-f4 --- | f2-b4 d8-h4 | II | f2-h4 f6-c5 | g3-a5 h6-g5 | g3-e5 h8-a5 | II | h2-a5 e7-g5 | h2-c5 h8-h2 | h2-f4 h6-c5 | II |
| III | e3-a5 h8-h4 | e3-f4 d6-a5 | f2-b4 e7-e5 | III | --- f6-a5 | g3-b4 a7-e5 | g3-f4 d6-g5 | III | h2-a5 f6-h4 | h2-d4 a7-h2 | h2-g5 c7-a5 | III |
| IV | e3-b4 --- | e3-f4 g7-a5 | f2-b4 g7-e5 | IV | g1-a5 f6-b4 | g3-b4 b6-e5 | g3-f4 h8-g5 | IV | h2-a5 g7-b4 | h2-d4 b6-c5 | h2-g5 c7-e5 | IV |
| V | e3-b4 a7-c5 | e3-f6 f6-b4 | f2-b4 h8-c5 | V | g1-a5 g7-c5 | g3-b4 f8-f4 | g3-g5 h6-a5 | V | h2-a5 h8-h2 | h2-d4 b6-h2 | h2-g5 d6-h2 | V |
| VI | e3-b4 a7-e5 | e3-g5 h6-e5 | f2-b4 h8-g5 | VI | g1-b4 e7-c5 | g3-b4 g7-g5 | g3-h4 a7-g5 | VI | h2-a5 h8-h4 | h2-d4 c7-h2 | h2-h4 --- | VI |
| VII | e3-b4 a7-h4 | e3-h4 g7-g5 | f2-c5 a7-f2 | VII | g1-b4 h8-c5 | g3-b4 h8-h4 | g3-h4 h8-e5 | VII | h2-b4 a7-e5 | h2-d4 d6-h2 | h2-h4 h6-h2 | VII |
| VIII | e3-b4 b6-g5 | e3-h4 h6-a5 | f2-c5 h8-e5 | VIII | g1-d4 d6-g5 | g3-b4 h6-g5 | g3-h6 h6-a5 | VIII | h2-b4 a7-g5 | h2-d4 g7-h2 | h2-h4 a7-e5 | VIII |
| IX | e3-b4 f6-e5 | e3-h4 h6-g5 | f2-d4 c7-g5 | IX | g1-d4 h6-a5 | g3-c5 b6-g5 | g3-h6 h6-e5 | IX | h2-b4 a7-h2 | h2-e5 a7-b4 | h2-h4 a7-h2 | IX |
| X | e3-b4 h8-e5 | e3-h6 h6-a5 | f2-d4 h6-g5 | X | g1-g5 g7-a5 | g3-d4 a7-a5 | g3-h6 h6-h4 | X | h2-b4 b6-c5 | h2-e5 a7-d4 | h2-h4 d6-e5 | X |
| XI | e3-b4 h8-h4 | e3-h6 h6-e5 | f2-f4 d6-e5 | XI | g1-g5 g7-e5 | g3-d4 a7-e5 | --- g7-a5 | XI | h2-b4 b6-h2 | h2-e5 e7-h2 | h2-h4 d6-h2 | XI |
| XII | e3-b6 b6-b4 | --- e7-h4 | f2-f4 h6-a5 | XII | g1-g5 h8-a5 | g3-d4 a7-f4 | --- g7-e5 | XII | h2-b4 d6-g5 | h2-e5 h8-h2 | h2-h6 h6-f4 | XII |
| XIII | e3-c5 d6-g5 | f2-a5 d8-f4 | | XIII | g1-h4 d6-c5 | g3-d4 b6-c5 | --- g7-g5 | XIII | h2-c5 a7-f4 | h2-f4 --- | h2-h6 h6-h4 | XIII |
| XIV | e3-d4 --- | f2-a5 d6-e5 | f2-g5 g7-a5 | XIV | g1-h4 e7-g5 | g3-d4 d6-a5 | h2-a5 --- | XIV | h2-c5 a7-h2 | h2-f4 a7-h2 | h2-f4 c7-h4 | XIV |
| XV | e3-d4 a7-e5 | f2-a5 e7-e5 | f2-g5 h6-a5 | XV | g3-a5 --- | g3-d4 d6-e5 | h2-a5 a7-g5 | XV | h2-c5 b6-h2 | h2-f4 c7-h2 | --- h6-h4 | XV |
| XVI | e3-d4 a7-g5 | f2-a5 f6-e5 | f2-g5 h6-c5 | XVI | g3-a5 a7-e5 | g3-d4 g7-a5 | h2-a5 a7-h2 | XVI | h2-c5 d6-h2 | | --- h8-h4 | XVI |

| № | 32 | 33 | 34 | № | 35 | 36 | 37 | № |
|---|---|---|---|---|---|---|---|---|
| I | ab4 ba5 ed4 fe5 df6 eg5 | cd4 de5 bc3 ed6 cb2 fe7 | gh4 bc5 cd4 ab6 | I | --- a7-g5 | c3-e5 g7-h4 | f2-d4 b6-c5 | I |
| II | ab4 bc5 ba5 cb4 | cd4 fe5 df6 ge5 bc3 | gh4 bc5 fg3 ab6 cd4 fg5 | II | b2-b4 d6-e5 | c3-f4 --- | f2-d4 d6-a5 | II |
| III | ab4 dc5 | cd4 fg5 dc3 gf6 gf4 de5 | gh4 dc5 cb4 cd4 | III | b2-b4 h8-a5 | c3-h4 f6-a5 | f2-f4 f6-e5 | III |
| IV | ab4 de5 | cd4 fg5 dc3 gh4 cb4 | gh4 dc5 cb4 fg5 | IV | b2-c5 --- | d2-a5 g7-d2 | --- f6-h4 | IV |
| V | ab4 de5 ba5 fg5 gh4 | cd4 hg5 bc3 gf4 | gh4 dc5 fg3 fe5 cd4 | V | b2-d4 --- | d2-b4 d6-e5 | g3-f4 --- | V |
| VI | ab4 fe5 gh4 gf6 | ed4 ba5 fe3 cb6 | a1-a5 | VI | b2-d4 h8-h4 | d2-b4 h8-a5 | g3-f4 g7-a5 | VI |
| VII | ab4 hg5 gf4 gh6 | ed4 dc5 fe3 ed6 | a1-b4 b6-a5 | VII | b2-g5 a7-a5 | d2-c5 --- | g3-g5 a7-h4 | VII |
| VIII | ab4 hg5 gh4 ba5 | ed4 de5 gh4 hg5 fe3 | a1-b4 h8-e5 | VIII | b2-g5 c7-a5 | d2-d4 b6-a5 | g3-g5 h8-b4 | VIII |
| IX | ab4 hg5 gh4 gf4 | ed4 fe5 df6 ge5 ab4 hg7 | a1-d4 b6-a5 | IX | b2-h4 a7-a5 | d2-d4 f6-e5 | g3-h4 --- | IX |
| X | cb4 bc5 gf4 ab6 hg3 fg5 | ed4 fe5 df6 ge5 gh4 hg7 | a1-e5 g7-h4 | X | c3-a5 d6-h4 | d2-h4 f6-g5 | g3-h4 c7-f4 | X |
| XI | cb4 fe5 bc3 gf6 ab2 | ed4 fg5 fe3 gf6 | a3-b4 h6-e5 | XI | c3-a5 f6-e5 | e3-b4 b6-f4 | g3-h4 g7-c5 | XI |
| XII | cb4 hg5 gh4 ba5 | ef4 ba5 gh4 | a3-d4 c7-a5 | XII | c3-a5 h8-g5 | e3-c5 g7-h4 | --- g7-h4 | XII |
| XIII | cd4 ba5 gh4 ab6 dc5 | ef4 bc5 gh4 ab6 hg3 fe5 | a3-f4 --- | XIII | c3-b4 h8-g5 | e3-f4 a7-e5 | h2-a5 d6-h2 | XIII |
| XIV | cd4 dc5 bc3 ed6 gh4 | gf4 fe5 cd4 ec3 | a3-h4 a7-a5 | XIV | c3-b4 h6-e5 | e3-f4 f6-c5 | h2-b4 d6-h2 | XIV |
| XV | cd4 dc5 dc3 hg5 | gf4 fe5 cd4 eg3 | a3-h4 b6-c5 | XV | c3-d4 d6-a5 | e3-h4 f6-a5 | h2-b4 g7-h2 | XV |
| XVI |  | gf4 fe5 ed4 eg3 hf4 ba5 | a3-h4 d6-c5 | XVI | c3-e5 b6-a5 | f2-b4 d6-a5 | h2-b4 h8-h2 | XVI |

**Table for the lot of initial moves and positions (recommended for women's sports competitions) (Brazilian version)**

| № | 1 | 2 | 3 | № | 4 | 5 | 6 | № | 7 | 8 | 9 | № |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I | ab4 | ab4 fe5 ba5 ef4 | cb4 de5 gf4 | I | cd4 | cd4 de5 bc3 ed6 ef4 fe7 | cd4 fg5 gh4 dc5 | I | ed4 fe5 | gf4 bc5 hg3 fe5 cd4 | gh4 dc5 | I |
| II | ab4 ba5 | ab4 fe5 ba5 gf6 | cb4 de5 gf4 eg3 hf4 fe5 | II | cd4 ba5 bc3 | cd4 de5 bc3 ed6 gf4 | cd4 fg5 gh4 ba5 | II | ed4 fg5 | gf4 dc5 | gh4 dc5 ef4 cd6 | II |
| III | ab4 ba5 ba3 ab6 | ab4 fe5 ef4 | cb4 fe5 ba5 bc5 | III | cd4 ba5 bc3 ab6 | cd4 de5 dc3 | cd4 hg5 | III | ed4 fg5 gh4 dc5 | gf4 dc5 cb4 ed6 | gh4 de5 | III |
| IV | ab4 ba5 ba3 ab6 ab2 de5 | ab4 fg5 | cb4 fe5 bc3 gf6 gh4 hg7 | IV | cd4 ba5 bc3 ab6 ab2 dc5 | cd4 de5 gf4 ec3 | cd4 hg5 gf4 gh4 fe5 | IV | ed4 hg5 | gf4 fe5 | gh4 de5 fg3 | IV |
| V | ab4 ba5 ba3 cb6 ab2 bc5 | ab4 fg5 bc5 db4 | cb4 fe5 ef4 ba5 | V | cd4 ba5 bc3 de5 ef4 | cd4 de5 gf4 eg3 | ed4 | V | ed4 hg5 cb4 de5 | gf4 fe5 fg3 | gh4 fe5 | V |
| VI | ab4 ba5 ba3 cb6 gf4 | ab4 hg5 | cb4 fe5 ef4 ba5 bc5 | VI | cd4 ba5 bc3 de5 gf4 | cd4 fe5 | ed4 ba5 | VI | ef4 | gf4 fe5 hg3 bc5 cb4 ab6 | gh4 fe5 ab4 ed4 | VI |
| VII | ab4 ba5 ba3 de5 | ab4 hg5 gf4 bc5 | cb4 fe5 ef4 gf6 bc3 | VII | cd4 ba5 bc3 hg5 cb2 gf4 | cd4 fe5 df6 eg5 gf4 de7 | ed4 ba5 dc5 db4 ac5 fg5 | VII | ef4 bc5 cb4 fg5 de3 | gf4 fe5 hg3 ed4 ec5 | gh4 fe5 cb4 ef4 | VII |
| VIII | ab4 ba5 ed4 dc5 | cb4 | cb4 fe5 ef4 gf6 de3 bc5 | VIII | cd4 ba5 de5 df4 | cd4 fg5 bc3 ef6 | ed4 bc5 | VIII | ef4 fg5 | gf4 fe5 hg3 gf6 cb4 | gh4 fe5 ed4 bc5 | VIII |
| IX | ab4 ba5 ed4 fe5 df6 ge5 | cb4 ba5 bc5 db4 ac5 cb6 | cb4 fe5 gh4 ba5 hg5 | IX | cd4 ba5 ef4 de5 | cd4 fg5 bc3 gf6 ab2 gh4 | ed4 bc5 db6 ac5 de3 hg5 | IX | ef4 fg5 cb4 ge3 df4 ef6 | gf4 fe5 hg3 gf6 ed4 | gh4 fe5 ed4 ef6 | IX |
| X | ab4 ba5 ed4 fg5 | cb4 ba5 bc5 db4 ac5 fe5 | cb4 fe5 gh4 bc5 hg5 | X | cd4 bc5 | cd4 fg5 bc3 gf4 | ed4 bc5 db6 ac5 gf4 fe5 | X | gf4 | gf4 fg5 cb4 de5 | gh4 fe5 ed4 gf6 | X |
| XI | ab4 ba5 ed4 hg5 | cb4 ba5 gf4 | cb4 fg5 ed4 ba5 | XI | cd4 bc5 db6 ac5 bc3 fe5 | cd4 fg5 bc3 gh4 cb4 de5 | ed4 bc5 db6 ac5 gh4 de5 | XI | gf4 ba5 | gf4 fg5 cb4 gf6 bc3 de5 | gh4 fe5 ed4 gf6 fg3 dc5 | XI |
| XII | ab4 ba5 gh4 fg5 | cb4 bc5 | cb4 fg5 ed4 dc5 | XII | cd4 dc5 bc3 cd6 | cd4 fg5 bc3 gh4 cb4 hg5 | ed4 dc5 fe3 cd6 | XII | gf4 ba5 cb4 ac3 bd4 fg5 | gh4 | gh4 fe5 fg3 | XII |
| XIII | ab4 bc5 | cb4 bc5 bc3 fg5 cd4 ab6 | cb4 hg5 | XIII | cd4 dc5 bc3 hg5 | cd4 fg5 dc5 | ed4 dc5 fe3 fg5 | XIII | gf4 ba5 cb4 ac3 db4 de5 | gh4 ba5 | gh4 fg5 | XIII |
| XIV | ab4 bc5 ba5 fg5 | cb4 de5 | cb4 hg5 ed4 | XIV | cd4 dc5 bc3 fg5 cb4 ba5 | cd4 fg5 bc3 | ed4 de5 | XIV | gf4 ba5 cb4 ac3 db4 fg5 | gh4 ba5 hg3 ab6 ef4 dc5 | gh4 hg5 cd4 dc5 | XIV |
| XV | ab4 de5 gh4 | cb4 de5 ba5 bc5 | cb4 hg5 gh4 gh6 bc5 | XV | cd4 dc5 dc3 ed6 cb4 fg5 | cd4 fg5 gf4 gf6 bc3 gh4 | ed4 de5 de3 ed6 | XV | gf4 ba5 hg3 fg5 | gh4 ba5 hg3 ab6 gh2 ba7 | gh4 hg5 cd4 gh6 fg3 | XV |
| XVI | ab4 fe5 | cb4 de5 ef4 ba5 | cb4 hg5 gh4 gh6 hg3 | XVI | cd4 de5 | cd4 fg5 gh4 ba5 | ed4 de5 fe3 | XVI | gf4 bc5 hg3 ab6 gh4 ba5 | gh4 bc5 | gh4 hg5 hg3 de5 | XVI |